

## How to Get Setup for Strava

*For tracking our summer miles, we will be using a private group on strava.com.*

1. Create a free account on strava.com (if you don't have one already)
2. Under the "Dashboard" menu, click on "Clubs" and search for our private club, "Wayzata Boys Summer XC 2024."
  - a. If you are using the app, click on "Groups" at the bottom and search for the club.
3. Request to join the club (one of the coaches will accept you into the group)
4. Download the "Strava" app to your phone and sync your GPS watch to it so it posts your workouts automatically. If you don't have a GPS watch, you can post a workout manually on the site or on the app.

If you have any questions about getting yourself setup on Strava, contact Coach Heebink at [brandon.heebink@wayzataschools.org](mailto:brandon.heebink@wayzataschools.org) .